





The Umbwe route has a well-deserved reputation of being the most challenging route on Mount Kilimanjaro. Due to the fast ascent to high altitude, this route does not provide the necessary stages for acclimatization. Although the number of people on this trail is very low, the chances of success are also low. Umbwe is considered to be very difficult, taxing route – one that should only be attempted by strong hikers who are confident in their ability to acclimatize quickly to altitude.

Approaching from the south, the Umbwe route is a short, steep and direct climb. After reaching Barranco Camp, the trail turns east and traverses underneath Kilimanjaro's Southern Ice Field on a path known as the Southern Circuit before summiting from Barafu. Descent is made via the Mweka route. Real Life Adventure Travel offers Umbwe as a six or seven day private climb. The seven day variation adds an acclimatization day on day three at Barranco Camp.





# **SCHEDULE**

#### KILIMANJARO | 6-DAYS UMBWE ROUTE

#### DAY 1

## **ARRIVE MOSHI**

Welcome to Moshi- the more quaint, laid-back of the small towns sitting at the base of the famed Mount Kilimanjaro! Upon arrival in Kilimanjaro International airport you will be met by our Real Life Adventure Travel representatives, who will provide transportation to your hotel. No activities are planned for the day. You are free to explore picturesque downtown Moshi.

#### DAY 2

## FREE IN MOSHI OVERNIGHT IN HOTEL

Group briefing and pre-trip discussion. You will be introduced to your trekking guide, have a comprehensive gear check. You are free to explore some more, take part in informal group tour around town; visit the market or a local coffee shop for lunch. Moshi is a relatively small, comfortable city that has a reputation for being somewhat laidback compared to it's sister city of Arusha so fee free to wander. There will also be time to do last-minute shopping for the trek if needed.

#### DAY 3

# UMBWE GATE TO UMBWE CAMP

Elevation gain: 9,500 ft / 2,800 m Hiking Time: 5-7 hours

Distance: 4mi / 6 km Habitat: Rain Forest

Leave from your hotel after breakfast and your gear check you will drive to Umbwe gate to meet your crew's porters. You are ready to start the climb. Hiking time is 5-7 hours through the thick tropical rain forest.

#### DAY 4

# **UMBWE CAMP TO BARRANCO CAMP**

Elevation gain: 13,000 ft / 3,950 m Hiking Time: 4-5 hours

Distance: 3 mi / 5 km Habitat: Moorland

Today is an important acclimatization day as you travel up to 3,950 m before spending the night at Barranco. You will ascend through the moorlands to the alpine zone where the only plant life is the heartiest of grasses and lichens. This is the high altitude desert, with glorious views of the Western Breach of Kibo. After about 4 hours the path forks to the right and descends into a gorge ('Barranco' in Swahili). There is a fair bit of 'up and down' walking today which can be quite tiring.





#### DAY 5

# BARRANCO CAMP TO KARANGA CAMP

Elevation gain: 13,100ft / 4,200m Hiking Time: 5-6 hours

Distance: 3 mi / 5 km Habitat: Alpine Desert

In the morning you will climb the Barranco wall (not a technical climb) and then follow the Kibo South Circuit. Wonderful views are to be had of Kibo's Southern glaciers if the weather is clear. This is a relatively short day, and you should arrive at your camp located just after the Karanga Valley set atop a ridge by lunchtime. Today is a valuable acclimatization day as you will be walking for the morning only and descending various ridges and valleys during your walk. Hike from Karanga to half way Between barafu Camp and then return to the lower elevation of Karanga Camp for hot lunch and relaxation.

#### DAY 6

## KARANGA CAMP TO BARAFU CAMP

Elevation gain: 15,300ft / 4,673m

Hiking Time: 4-5 hours

Distance: 3 mi / 5 km

Habitat: Alpine Desert

After breakfast, we leave Karanga and hit the junction, which connects with the Mweka Trail. We continue up to the Barafu Hut. At this point, you have completed the South Circuit, which offers views of the summit from many different angles. Here we make camp, rest, enjoy dinner, and prepare for the summit day. The two peaks of Mawenzi and Kibo are to be seen from this position.

#### DAY 7

# BARAFU CAMP TO SUMMIT TO MWEKA HUT

Elevation gain: 19,341ft - 10,200ft / 5,895m - 3,108m Hiking Time: 7 hrs ascent / 6 hrs decent

Distance: 7 mi / 12 km Habitat: Alpine Desert

Very early in the morning (midnight to 2am), we continue our way to the summit between the Rebmann and Ratzel glaciers. You head in a northwesterly direction and ascend through heavy scree towards Stella Point on the crater rim. This is the most mentally and physically challenging portion of the trek.

At Stella Point (18,600 ft), you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting). From Stella Point, you may encounter snow all the way on your 1-hour ascent to the summit. At Uhuru Peak, you have reached the highest point on Mount Kilimanjaro and the continent of Africa. Faster hikers will see the sunrise from the summit.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp site, stopping at Barafu for lunch. You will want gaiters and trekking poles for the loose gravel





going down. Mweka Camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Later in the evening, we enjoy our last dinner on the mountain and a well-earned sleep.

#### DAY 8

# **MWEKA CAMP TO GATE**

Elevation drop: 5,400 ft / 1,645 m

Distance: 6 mi / 10 km

Hiking Time: 3-4 hours

Habitat : Rain Forest

After breakfast, we continue the descent down to the Mweka Park Gate to receive your summit certificates. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help. Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing handy).

#### DAY 9

## **DEPARTURE**

For those returning home, will be transferred to the airport to catch your flight. For those going on a safari or Zanzibar will be picked up at your hotel on the next day for your trip.







# **PRICING**

#### STANDARD / JOINING GROUP



per person - per trip



- ✓ All international & domestic airport transfers as per the program by private vehicle.
- ✓ Vehicle transfer from Moshi to the starting point of your trek (private vehicle).
- ✓ Vehicle transfer at the end of the trek back to your hotel in Moshi (private vehicle).
- ✓ 3 nights Accomodation in Moshi & breakfasts while at the hotel.
- ✓ All park fees.
- ✓ All meals and accommodations while on climb.
- ✓ All camping equipment.
- ✓ Allowances for guide(s), chef(s) and porter(s).
- ✓ All applicable government taxes
- ✓ Oxygen cylinder and Pulse Oximeter
- ✓ Filter pumps to treat water everyday
- ✓ Private chemical toilet
- ✓ Sleeping pad / matress
- ✓ Power Banks to charge your phones
- ✓ First Aid and injury prevention kits

# COST DOES NOT INCLUDE

- Lunch & dinner in Moshi prior and post-climb.
- Any sightseeing tours in Moshi
- \* International and domestic airfare
- Bottled drinks (mineral water, any cold drinks, and alcoholic drinks).
- Travel insurance & overseas medical insurance coverage.
- Expenses of personal nature (tips for guide, porter and driver, laundry, bar bill, telephone calls etc.)
- Liability for expenses against sickness, flight cancellation, road blockage, accidents and other occurrence beyond our control.
- Tanzanian visa fee.
- \* Any other expenses not mentioned above







# **PRICING**

#### PREMIUM LUXURY TOUR



\$2,860 USD

per person - per trip

# ABOVE COST INCLUDES

- ✓ Sleeping cots / Bed on the mountain
- ✓ Transport to / from the mountain gates
- ✓ All park entry fees
- ✓ 3 nights at a five star hotel
- ✓ Private chemical toilet
- √ Sleeping bag -10c
- ✓ Hot shower Tent at camp.
- ✓ Sleeping pad or Mattress
- ✓ Filter pumps to treat water everyday
- ✓ Powerbanks to charge your Phones
- ✓ Wi-Fi on camps
- ✓ Transport to and from the airport.
- ✓ All camping and hut fees
- ✓ All camping gears
- ✓ A private chef to cook all your meals
- ✓ Rescue fees
- ✓ Oxygen cylinder & Oxmiter machine
- ✓ Guide, chef and porters salaries
- ✓ Meals(3 times per day)
- ✓ Cook and kitchen utensils
- ✓ Daily briefing
- ✓ Boiled/Purified drinking water
- ✓ English speaking guide (certified as a Wilderness First Responder & Emergency Medicine Adult and CHild CPR)
- ✓ Special Language Guide (for \$20 per guide,per day)
- ✓ Mobile Communications (for emergency only)
- ✓ First Aid & Injury prevention kits
- √ 10% discount on gear rental (the discount applies for online shopping only)
- Personal Summit Certificate stamped and signed by the National Park and your Guide

# **COST DOES NOT INCLUDE**

- ✓ International or Local Flights
- ✓ Optional activities
- ✓ Alcoholic and soft drinks
- √ Visa fees
- ✓ Tips
- ✓ Personal spending money for souvenirs etc
- ✓ Travel insurance









# TRAVEL WITH STYLE!

ONLY AT REAL LIFE ADVENTURE TRAVEL



#### **OFFICE ADDRESS**

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#### **BOOKING CONTACTS**

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