

MT. KILIMANJARO ITINERARY

8 DAYS | LEMOSHO ROUTE





CLIMB OVERVIEW

With fewer than 10 percent of climbers on this trail and the potential to see a variety of wildlife through dense jungle, Lemosho is our favorite way to enter the mountain. At 72 km (almost 45 miles), the longer route allows for more thorough acclimatization and a higher success rate to the summit.

The trail passes through five ecosystems, from dense forest and heather up through alpine desert and the glorious summit. Explore the many variations in landscape and climate on the way up the mountain and spend time capturing breath-taking photos of your surroundings as you move from jungle, to high desert, to snowy terrain on one of the more exciting routes on the mountain, but still manageable by the average adventurer.



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SCHEDULE

KILIMANJARO | 8-DAYS LEMOSHO ROUTE

DAY 1

ARRIVE MOSHI

Welcome to Moshi - the more quaint, laid-back of the small towns sitting at the base of the famed Mount Kilimanjaro! Upon arrival in Kilimanjaro International airport you will be met by our Real Life Adventure Travel representatives, who will provide transportation to your hotel. No activities are planned for the day. You are free to explore picturesque downtown Moshi.

DAY 2

FREE IN MOSHI OVERNIGHT IN HOTEL

Group briefing and pre-trip discussion. You will be introduced to your trekking guide, have a comprehensive gear check. You are free to explore some more, take part in informal group tour around town; visit the market or a local coffee shop for lunch. Moshi is a relatively small, comfortable city that has a reputation for being somewhat laidback compared to it's sister city of Arusha so fee free to wander. There will also be time to do last-minute shopping for the trek if needed.

DAY 3

LEMOSHO GATE TO MTI MKUBWA

Elevation gain: 9,500ft / 2,270m

Hiking Time: 3-4 hours Habitat: Rain Forest

Distance: 4 mi / 6 km

Depart Moshi for Londorossi / Lemosho Gate, which takes about 4 hours, where you will complete entry formalities. With flora and fauna heavier and richer here than on any other route through the thick rainforest, the Lemosho Route cuts through underbrush that is so untouched it at times grows right across the narrow trail. After 3 to 4 hours, we'll reach our camp, Mti Mkubwa, which means "Big Tree" in Kiswahili.

DAY 4

MTI MKUBWA TO SHIRA CAMP 1

Elevation gain: 11,500ft / 3,600m

Distance: 5 mi / 8 km

Hiking Time: 5-6 hours

Habitat: Moorland

We continue on the trail leading out of the forest and into a savannah of tall grasses, heather, volcanic rock draped with lichen beards. Ascending through the lush rolling hills and cross several streams, we reach the Shira Ridge before dropping gently down to Shira 1 camp. The view of Kibo from across the plateau is amazing.





DAY 5

SHIRA CAMP 1 TO SHIRA CAMP 2

Elevation gain: 12,630 ft / 3,950m

Distance: 4 mi / 6 km

Hiking Time: 4-5 hours Habitat: Moorland

After breakfast we head east across the Shira Plateau and past the Shira Cathedral to Shira Camp. Shira is one of the highest plateaus on earth. It is about a four-hour hike to camp. On the way we pass the first of many Giant Senecios, some of Kilimanjaro's otherworldly massive plants.

DAY 6

SHIRA CAMP 2 TO BARRANCO CAMP

Elevation gain: 13,000ft / 3,950m

Distance: 8 mi / 11 km

Hiking Time: 6-8 hours

Habitat: Semi Desert

From the Shira Plateau, we continue to the east up a ridge, passing the junction towards the peak of Kibo. As we continue, our direction changes to the South East towards the Lava Tower, called the "Shark's Tooth." Shortly after the tower, we come to the second junction, which brings us up to the Lava Tower at an altitude of 15,000ft / 4,600m. We now continue down to the Barranco Hut at an altitude of 13,000ft / 3,950m . Here we rest, enjoy dinner, and overnight. Although you end the day at almost the same elevation as when you started, this day is very important for acclimatization and will help your body prepare for summit day.

DAY 7

BARRANCO CAMP TO KARANGA CAMP

Elevation gain: 13,100ft / 4,200m

Distance: 3 mi / 5 km

Hiking Time: 5-6 hours

Habitat: Alpine Desert

After breakfast, we leave Barranco and continue on a steep ridge passing the Barranco Wall, to the Karanga Valley campsite. This is a short day meant for acclimatization.

DAY 8

KARANGA CAMP TO BARAFU CAMP

Elevation gain: 15,300ft / 4,673m

Hiking Time: 4-5 hours

Distance: 3 mi / 5 km

Habitat: Alpine Desert

After breakfast, we leave Karanga and hit the junction, which connects with the Mweka Trail. We continue up to the Barafu Hut. At this point, you have completed the South Circuit, which offers views of the summit from many different angles. Here we make camp, rest, enjoy dinner, and prepare for the summit day. The two peaks of Mawenzi and Kibo are to be seen from this position.



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DAY 9

BARAFU CAMP TO SUMMIT TO MWEKA HUT

Elevation gain: 19,341ft - 10,200ft / 5,895m - 3,108m Distance: 7 mi / 12 km

Hiking Time: 7 hrs ascent / 6 hrs decent Habitat: Alpine Desert

Very early in the morning (midnight to 2am), we continue our way to the summit between the Rebmann and Ratzel glaciers. You head in a northwesterly direction and ascend through heavy scree towards Stella Point on the crater rim. This is the most mentally and physically challenging portion of the trek. At Stella Point (18,600 ft), you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting). From Stella Point, you may encounter snow all the way on your 1-hour ascent to the summit. At Uhuru Peak, you have reached the highest point on Mount Kilimanjaro and the continent of Africa. Faster hikers will see the sunrise from the summit.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp site, stopping at Barafu for lunch. You will want gaiters and trekking poles for the loose gravel going down. Mweka Camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Later in the evening, we enjoy our last dinner on the mountain and a wellearned sleep.

DAY 10

MWEKA CAMP TO GATE

Elevation drop: 5,400ft / 1,645m

Hiking Time: 3-4 hours Habitat :Rain Forest

Distance: 6 mi / 10 km

After breakfast, we continue the descent down to the Mweka Park Gate to receive your summit certificates. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help. Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing handy).

DAY 11

DEPARTURE

For those returning home, will be tranfered to the airport to catch your flight. For those going on a safari or Zanzibar will be picked up at your hotel on the next day for your trip.







PRICING

STANDARD / JOINING GROUP



ABOVE COST INCLUDES

- All international & domestic airport transfers as per the program by private vehicle.
- Vehicle transfer from Moshi to the starting point of your trek (private vehicle).
- ✓ Vehicle transfer at the end of the trek back to your hotel in Moshi (private vehicle).
- ✓ 3 nights Accomodation in Moshi & breakfasts while at the hotel.
- ✓ All park fees.
- ✓ All meals and accommodations while on climb.
- ✓ All camping equipment.
- ✓ Allowances for guide(s), chef(s) and porter(s).
- ✓ All applicable government taxes
- ✓ Oxygen cylinder and Pulse Oximeter
- ✓ Filter pumps to treat water everyday
- ✓ Private chemical toilet
- ✓ Sleeping pad / matress
- ✓ Power Banks to charge your phones
- ✓ First Aid and injury prevention kits

COST DOES NOT INCLUDE

- × Lunch & dinner in Moshi prior and post-climb.
- * Any sightseeing tours in Moshi
- * International and domestic airfare
- Bottled drinks (mineral water, any cold drinks, and alcoholic drinks).
- Travel insurance & overseas medical insurance coverage.
- Expenses of personal nature (tips for guide, porter and driver, laundry, bar bill, telephone calls etc.)
- Liability for expenses against sickness, flight cancellation, road blockage, accidents and other occurrence beyond our control.
- × Tanzanian visa fee.
- * Any other expenses not mentioned above







PRICING

PREMIUM LUXURY TOUR



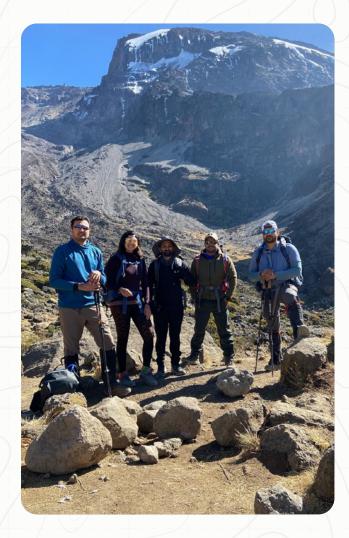
per person - per trip

ABOVE COST INCLUDES

- ✓ Sleeping cots / Bed on the mountain
- ✓ Transport to / from the mountain gates
- ✓ All park entry fees
- ✓ 3 nights at a five star hotel
- ✓ Private chemical toilet
- ✓ Sleeping bag -10c
- ✓ Hot shower Tent at camp.
- ✓ Sleeping pad or Mattress
- ✓ Filter pumps to treat water everyday
- ✓ Powerbanks to charge your Phones
- ✓ Wi-Fi on camps
- ✓ Transport to and from the airport.
- All camping and hut fees
- ✓ All camping gears
- ✓ A private chef to cook all your meals
- ✓ Rescue fees
- ✓ Oxygen cylinder & Oxmiter machine
- \checkmark Guide, chef and porters salaries
- ✓ Meals(3 times per day)
- ✓ Cook and kitchen utensils
- ✓ Daily briefing
- ✓ Boiled/Purified drinking water
- ✓ English speaking guide (certified as a Wilderness First Responder & Emergency Medicine Adult and CHild CPR)
- ✓ Special Language Guide (for \$20 per guide,per day)
- ✓ Mobile Communications (for emergency only
- First Aid & Injury prevention kits
- ✓ 10% discount on gear rental (the discount applies for online shopping only)
- Personal Summit Certificate stamped and signed by the National Park and your Guide

COST DOES NOT INCLUDE

- ✓ International or Local Flights
- ✓ Optional activities
- ✓ Alcoholic and soft drinks
- ✓ Visa fees
- ✓ Tips
- ✓ Personal spending money for souvenirs etc
- ✓ Travel insurance









TRAVEL WITH STYLE! ONLY AT REAL LIFE ADVENTURE TRAVEL

OFFICE ADDRESS

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